



St Cuthbert's Anglican Church

Venerable Jeff Ward : rector.stcuthbert@gmail.com

e-Messenger

November 2022



Venerable Jeff Ward

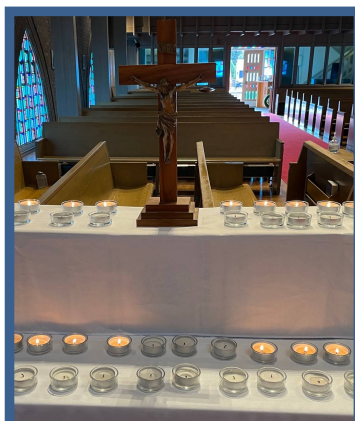
November is a very busy month at the church, This calendar should help in keeping track with the events that are taking place.



The Altar was beautifully decorated for the Thanksgiving Service. Thank you Dawn and Florence and your youth volunteers at the Altar Guild for your hard work.



Nick, Andrew and Aylissa decorating the Altar



Sunday Services

8.0 a.m. Traditional Anglican Service (BCP)

10.0 a.m. Contemporary Eucharist with Choir

SERVICE CHANGE

From September 4th the 11:30 a.m. service will combine with the 10 a.m. service at 10 a.m.

Friday Service

9:0 A.M. Morning Prayer on Zoom
(followed by coffee)

Masks are optional at services

On October 2nd our Rector was collated, which means appointed, to the position of Archdeacon of the Trafalgar Region at a service held at the Cathedral in Hamilton. Congratulations Venerable Jeff Ward.

Calendar - November 2022

		A.M.	P.M.
Tuesday	1-Nov-22		Bible Study 7:15 - 8:45 pm
Wednesday	2-Nov-22		
Thursday	3-Nov-22	Mandarin Bible Study 10 am-12 pm	Choir Practise 7:00 - 9:00 pm
Friday	4-Nov-22	Morning Prayer 9:00 am	
Saturday	5-Nov-22	Christmas tree Stand set up	
Sunday	6-Nov-22	All Saints/All Souls, Remembrance	
Monday	7-Nov-22		Home Group meeting 7:30 pm
Tuesday	8-Nov-22		Bible Study 7:15 - 8:45 pm
Wednesday	9-Nov-22		
Thursday	10-Nov-22	Mandarin Bible Study 10 am-12 pm	Choir Practise 7:00 - 9:00 pm
Friday	11-Nov-22	Morning Prayer 9:00 am	
Saturday	12-Nov-22	Garlic Planting in St Cuthbert garden	
Sunday	13-Nov-22	8 a.m. and 10 am service in Church	Dawn receives Order of Niagara at Cathedral
Monday	14-Nov-22		
Tuesday	15-Nov-22		Bible Study 7:15 - 8:45 pm
Wednesday	16-Nov-22		
Thursday	17-Nov-22	Mandarin Bible Study 10 am-12 pm	Choir Practise 7:00 - 9:00 pm
Friday	18-Nov-22	Morning Prayer 9:00 am	
Saturday	19-Nov-22	Leaf raking / Christmas stand check/ Youth Baking Cookies	
Sunday	20-Nov-22	8 a.m. and 10 a.m. services in Church	Nicola is Ordained Deacon at Cathedral
Monday	21-Nov-22		
Tuesday	22-Nov-22		Bible Study 7:15 - 8:45 pm
Wednesday	23-Nov-22		
Thursday	24-Nov-22	Mandarin Bible Study 10 am-12 pm	Choir Practise 7:00 - 9:00 pm
Friday	25-Nov-22	Morning Prayer - Men's Lunch	Christmas Tree unloading 6:30 - 7:00 pm
Saturday	26-Nov-22	Christmas Tree and Bake Sale	Christmas Tree and Bake Sale
Sunday	27-Nov-22	START OF ADVENT	Christmas Tree and Bake Sale
Monday	28-Nov-22		Christmas Trees Sale 5p.m. - 9p.m.
Tuesday	29-Nov-22		Bible Study 7:15 p.m./Christmas Tree Sale 5-9 pm.
Wednesday	30-Nov-22		Christmas Trees Sale 5p.m. - 9p.m.
Thursday	1-Dec-22	Mandarin Bible Study 10 am-12 pm	Choir Practise 7:00/ Christmas Tree Sale 5-9 pm.
Friday	2-Dec-22	Morning Prayer 9:00 am	Christmas Trees Sale 5p.m. - 9pm.
Saturday	3-Dec-22	Christmas Tree and Bake Sale	Christmas Tree and Bake Sale
Sunday	4-Dec-22	8:00 am and 10 am service in Church	Christmas Tree and Bake Sale

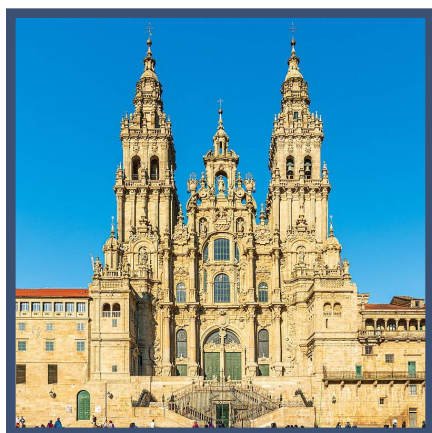
November 6, All Souls, All Saints and Remembrance Service.

Pilgrimage to Camino de Santiago by Heather Di Marco

As part of our MAP Adult Faith Talking and Sharing initiative Heather Di Marco shares with us her faith experience - a literal faith journey - 100Km long.

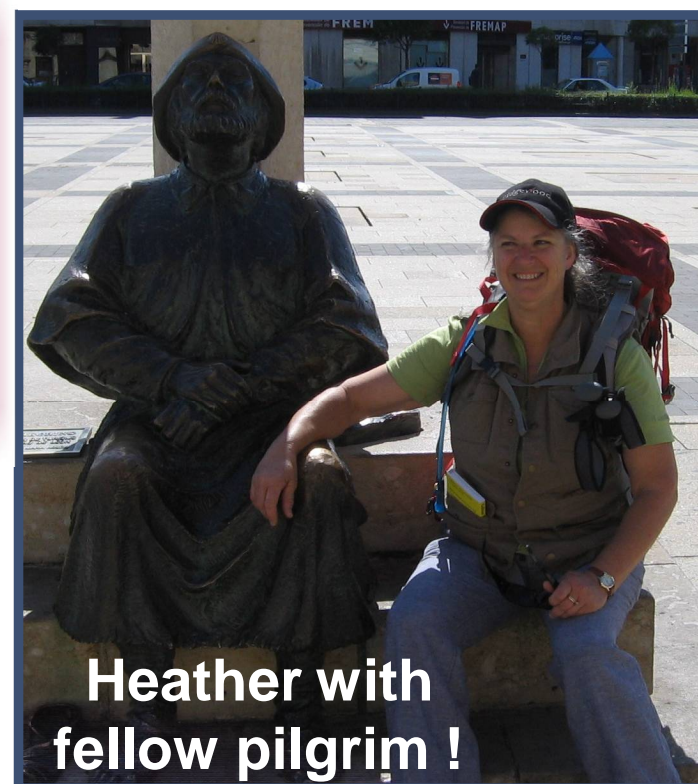
About Heather:

Heather joined St Cuthbert's Church in 1989. She headed up the nursery for a couple of years and then the Sunday School for a year. She was in the choir for many years and was a cantor in that time. She is best remembered for the 10 years when she ran the Spring Flower Sale and the Bake Sale. She was also in the Altar Guild for several years and served on Parish Council. She was awarded the Order of Niagara in 2012. Heather moved to Puslinch a few years ago but still keeps in touch.



Cathedral of St James
Catedral de Santiago

Everyone has their own personal reasons for their pilgrimage ... the spiritual stirring began in me almost immediately as we started on our path... what an amazing experience it was ... There is no wrong path, where we are now is exactly where we are meant to be.



Some 10 or so years ago I had the great good fortune of going on a pilgrimage with a girlfriend of mine. My friend had been talking about her desire to hike the Camino de Santiago de Compostela or 'Camino' for short. Frankly I had never heard of it before, but this pilgrimage, short as it was, was one of the top highlights of my life. But I get ahead of myself.

Those of you who were like me, may be scratching your heads and wondering, "what is this Camino of which you speak". The Camino pilgrimage route was established in the early middle ages and was a pathway towards redemption that led to the Cathedral of Saint James (the Greater) or Santiago as the Spanish call him, in the city of Santiago Compostela in northwest Spain. It is said that the great Saint's bones are entombed at this site. It is one of the 3 big Christian pilgrimages along side Rome and Jerusalem. In fact there is not just one Camino route, indeed there are officially over 250 various routes from all over Europe that culminate at the Cathedral de Santiago.

In recent times the most popular of the routes is the Camino Frances which begins in St Jean Pied de Port in France, crosses the Pyrenees mountains into Spain and traces an 800km path across the northern Spain. Before the pandemic upwards of a 1/4 of a million pilgrims (peregrinos) would follow that route annually.

At one go it takes about 4 to 6 weeks to complete the Camino, hiking 25 to 30km a day. My friend and I had only 2 weeks so we picked a small section of the Camino and planned to hike for about 10 days then take the train into Santiago to reach the Cathedral. We headed out with backpacks on our backs and planned to stay at pilgrim hostels along the way. What an amazing experience.





Pilgrimage to Camino de Santiago cont.

Symbol of St James the Great

It is hard to explain what 'pilgrimage' is or how it differs from just going for a hike. My friend and I had hiked the Bruce Trail and I did not have the spiritual stirring that began in me almost immediately we started on our path in Spain. Perhaps it is in the intention. There was an openness to this journey; fellow pilgrims were so kind and so sharing of their stories and their journeys. Everyone whose paths we crossed called out a cheery, "buen Camino" (good pilgrimage) and we, in turn wished others the same. The start of our trip had landed us half way along the Camino so those that we were meeting up with had already been on the road for several weeks. We met people from all walks of life and all ages and stages: from wheelchair bound being aided by a support team of 8 to 10 people, to an 85 yr old whose toe had turned black but she was not daunted, to an 11 month baby girl along with her mum and companion, stroller and all, through rocky trails and over hill and dale.

Everyone has their own personal reasons for their pilgrimage, some spiritual, some not, but I think everyone is moved internally on this trek. We stayed in basic hostels which were really large dormitories with upwards of 25 to 30 bunk beds and a refectory. They all served a simple supper and some offered a simple breakfast as well. The cost was minimal, running anywhere from 5 to 10 euros a night. We carried everything we needed on our backs, 35lbs that was all and we did wonder why we thought we needed so much stuff and clutter in our lives back home.

Our initial plan of hiking 10 days was shortened to 7 days as our feet were in pretty rough shape. For all that we covered about 100km. From that point on we just became tourists. It was like a wall had gone up between our time as pilgrim and as tourist. Even though we still walked everywhere, the spirit stopped moving in me. The openness we had felt while on the Camino had shut and we were just ourselves. We were no longer part of this greater community.

There are, at times, a couple of different route options to take and on our very 1st day we got off trail and ended up on a secondary path. We were lamenting that fact over dinner with fellow pilgrims that 1st evening and got the most amazing response.

"There is no wrong path, where we are now is exactly where we are meant to be."

That has stuck with me ever since. It is rather scary at first because being 'lost' implies a loss of our control of our situation. Yet there was always someone there to guide us on; point us in the right direction. I realized that the idea of being in control is the illusion and it binds us up pretty tightly. When I was able to let the notion of being in 100% control drop even for a moment, well it was very liberating. Yet isn't that what scripture calls us to do? Don't they say, "let go and let God"?



In the end I only managed to complete a very small portion of the Camino de Santiago. I very much hope to return when I retire and complete the entire pilgrimage. Whether on the Camino or not (and I do highly recommend it if you are at all inclined) we are all, in our own ways, on our own pilgrimages.

From womb to tomb we follow our path. Some ways we choose, some are chosen by circumstance or by others, but always we find ourselves here, in this place at this time. There is no going back. We can learn from our experiences but always we can but move forward.

Where do we go from here? Let's find out!

I pray you all a buen Camino!

Pilgrimage Route Sign with the symbol of St James (the shell)

Food Drive - October 8th and 15th

On October 8th our Food Drive started. We had been asked by Kerr Street Mission to collect pasta and cereal and our youth volunteers dropped off about 200 bags at houses in the streets around the church asking for pasta and cereal.



One of the Food Drive Teams

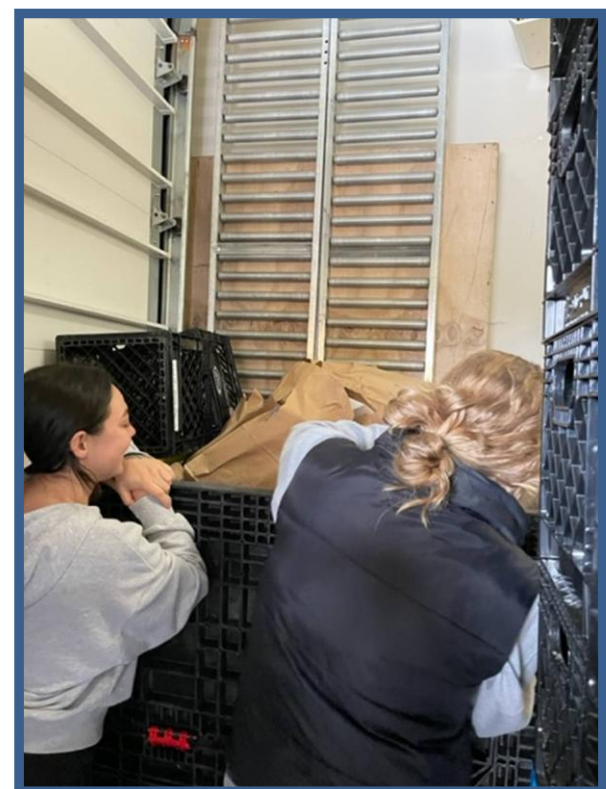
We collected 326lbs of food on October 15th. Neighbours continued to bring bags to the church after that so the total was even higher. Each team had an adult driver who followed them around and picked up the donated bags and took them to KSM. Thank you to all the drivers for helping.



KSM workers Skylar and Lauren with our donations



FR. Jeff sending out a collection team with their driver



the bags we collected - total 326lbs collected on 15th

Men's Lunch



Dick Alcock

The Men's Lunch was held at Mo's Restaurant on October 28th and 15 people attended one of which was Fr. Garfield's son who is only 3 years old !

As usual there was no shortage of food at Mo's and most of us came away feeling more than full.

The next lunch will be on November 25th, the venue yet to be decided. Dick will send an email invite as usual.

Thank you Dick for organizing these events.



Kerr Street Mission Dinners - October 31st

The St Cuthbert's team led by Samira and Parisa cooked 72 "Gourmet Penne Bolognese" dishes and 18 "Vegetarian" dishes at the Kerr Street Mission on October 31st. There were 14 volunteers, some old hands at KSM and others new to it. A big thank you to Samira, Parisa, Dan, Dawn, Wendy, Dave Aylward, Dave MacKay, Mary Ellen and Devon, Susan, Florence, Alan, Malcolm and Howard.



St. Cuthbert's KSM Penne Gang"



**Our two chefs,
Parisa (on left) and Samira**

David Aylward and Mary Ellen chopped onions and Alan Hayes took charge of the industrial dishwasher. Dan and Dave MacKay took care of the heavy lifting.



**Wendy, Susan, Dave Aylward
and Dawn peeling and chopping**



**Devon shredding
carrots**

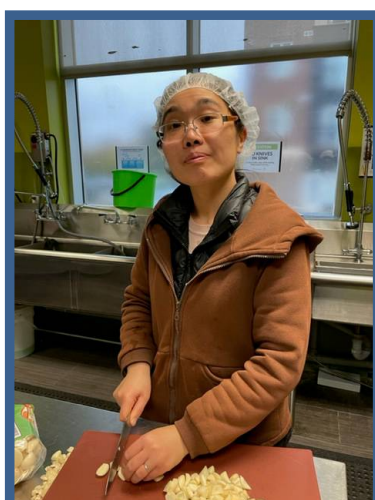


The final product



The team hard at work

The next dinner will be in 2023 and we will cook three dinners during that year. The dates have not yet been decided.



**Florence chopping
garlic**



**Dave cooking
Pasta**

St Cuthbert's Youth News

WEEKLY YOUTH EVENTS AT CHURCH

- Sunday 10 a.m. Youth Bible Journaling with Anna (in the meeting room)
- Sunday 10 a.m. Sunday School (younger kids) (In the Parish Hall)
- Friday 7 - 9 p.m. Youth Music and Event Players (teenagers group)
- Saturday 9 a.m Youth volunteer morning



Contact Anna:
youth.stcuthbert@gmail.com

Pumpkin Carving



On Sunday October 16th St. Cuthbert's had a family pumpkin carving event. The weather was good so it was held outside in brilliant sunshine. Some people made the standard scary Halloween pumpkin, while others experimented with some unique designs like the one shown opposite, not scary at all - rather an attractive looking pumpkin.



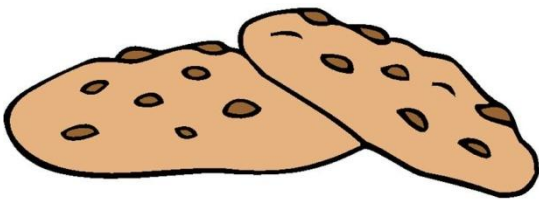
Halloween Movie Night

There was plenty of party food at the Halloween Movie Night when the movie *Addams Family* was shown . Some people came in their Halloween costumes

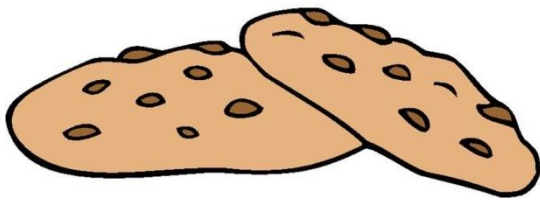


Upcoming Events

November 19 - Baking



On November 19 our youth will be baking Brownies and Cookies. Everyone welcome - contact Anna for details.



Our youths will be offering their baked Brownies and Cookies for sale on the **Church Bake Sale** table **November 26, 27** and also **December 3, 4**. They will also be selling home made GreenTomatoe Relish made by Dawn and Wendy using St Cuthbert's green tomatoes.



Anglican Christianity: A Series

by
Professor Alan L. Hayes

Part IV: The British Isles 410-595 CE

In last month's article, we saw how the officials and soldiers of the Roman Empire left Britain in the year 410 in order to deal with urgent issues elsewhere. This date therefore represents the end of "Roman Britain," which had begun in the year 43.

What followed is a "dark age," so called because there isn't much historical documentation for it. When the mists rise two centuries later, we find that:

- " the Britons (the people conquered by the Romans), who appear to be mostly Christian, are dominant in Wales, northwest England, the Channel Islands, and Brittany (now part of France);
- " Anglo-Saxon kingdoms, dominating what can now be called England (Angle-land), remain largely pagan;
- " Ireland is becoming one of the most influential of Christian nations in the world; and
- " the gospel is slowly taking root in what's now Scotland.

Catastrophe or assimilation?

How did Roman Britain become England?

The traditional "catastrophic" theory, supported by some early documents, says that Angles, Saxons, and other Germanic peoples invaded Britain: or, in another version, that they were invited as a security force when the Roman Army left, and the British couldn't control them. In either case, they conquered and displaced the British.

But most historians have been persuaded by archeological evidence that shows much more continuity than change after 410. It now looks as if Romano-British life continued and prospered, while immigrants (including Germanic peoples) established their own communities, and began to merge culturally with the indigenous population.

By 600, Anglo-Saxon kingdoms had appeared.

Medieval Christian historians faulted the Christian British for failing to evangelize the immigrants. These historians thought that the Christian Britons were a bit complacent in their faith.

As a result, the religion of the early English-speakers of Great Britain was a Germanic paganism.

Patrick

The "apostle of Ireland" was St. Patrick, a Briton from Wales or northwest England who was kidnapped by Irish pirates in the early 400s, taken to Ireland, and sold into slavery. Although he was apparently a nominal Christian before, he had a conversion experience on the Irish farm where he was enslaved. He escaped his slavery, but returned as a missionary. At some point he was appointed a bishop.

He wrote a "Confession," apparently in order to defend himself against some accusations of misconduct, perhaps financial. Because he wrote it in a somewhat stumbling Latin, which was his second or third language, and because his writing style is more passionate than logical, it's challenging to make sense of it - although it's also very engaging. You can read a translation at https://www.confessio.ie/etexts/confessio_english#.

Irish Christianity

Irish Christianity was noted for its zeal for Jesus, its Scriptural scholarship, its love of the natural world, its music and poetry, its beautiful illuminated (illustrated and ornamented) manuscripts, and its monasteries, which were internationally celebrated educational centres.

Today, tourists in Dublin often visit Trinity College, to see the amazing Irish illuminated gospels called the Book of Kells. An example is shown on the following page. (The Abbey of Kells was in County Meath.)

Anglican Christianity: A Series (Continued)



Book of Kells

A best-selling book in 1995, *How the Irish Saved Civilization*, argued that Irish monks in their scriptoria (rooms for copying manuscripts) preserved the early classics of western culture, which would otherwise have disappeared as the Roman Empire (allegedly) collapsed.

Aside from Patrick, early Ireland had two other particularly famous saints.

One was Brigid of Kildare (d. 525). Some of the stories told about her resemble stories told about a pagan Irish goddess named Brigid. Perhaps the similarities helped some Irish pagans transition to Christianity. One of her gifts that's particularly attractive to me is her reputed ability to turn water into beer.

We usually call the third of our three early Irish saints by his Latin name Columba, but the Irish call him Colmcille (d. 597 or so).

Columba and Scotland

Growing up, Columba was well educated at the monastery at Clonard (county Meath). He later founded several monasteries of his own

For mysterious reasons he left Ireland and founded an abbey on the island of Iona in the Inner Hebrides off western Scotland. The abbey became a magnet for people seeking Christian teaching, spiritual renewal, monastic life, or simply training in Latin literacy.

Under Columba's leadership, Iona Abbey became the headquarters for the evangelization of a pagan nation known as the Picts, who lived in what we now call Scotland. (The Romans called the Picts' area of Britain by the name "Caledonia.")

And a bit later, in the 600s, evangelists from Iona would be helping convert northern England.

A new non-monastic Iona community was established in 1938 as an ecumenical Christian movement for justice and peace. It has promoted a revival of the spirit of Celtic Christianity for the modern world. You can spend a week there for £620, room and board.

Next month

While Anglicanism has certainly been influenced by Christianity in Britain and Ireland before the seventh century, the Church of England as an institution traces its distinct beginnings to the arrival of St. Augustine of Canterbury in 595. We'll look at that next month!

Dr. Dan's Dental Mission to Guatemala

Our Music Director Dr Dan Lee will be going on a Dental Mission to the interior of Guatemala in January 2023. He is looking for donations to finance this work and told us that 100% of donations go towards the dental care of the children. The volunteer team pay all their own expenses including air fare. Donations will receive a tax receipt. Please make cheques payable to Health Outreach and send to Health Outreach, C/O Dr Dan Lee, 3335 Meadow Marsh Crsc. Oakville, On L6H 0T5 or see him on Sunday morning after the service.





St Cuthbert's Mission Action Plan (MAP) November Update.



Submitted by David Aylward

Things are really moving forward with our Mission Action Plan ('MAP') and we're pleased to provide this update. The 3 kick-off meetings to launch our parish MAP activities were held and were very well attended. We always welcome more participants and now more than ever there is a lot of interesting ways to become involved.

The overwhelming characteristic we found in all the meetings was enormous enthusiasm on the part of attendees who came with numerous ideas and possibilities.

The most common theme from the meetings was the need for greater communication within our parish. It seems that there are a lot of things going on that many did not know about. So, we ask all readers to help us better understand how we can improve on this.

This Messenger that you're currently reading is one way we communicate with parish members, but we want your ideas about other ways you'd like to get your church news. Send your suggestions to any one of the MAP team or to the Reverend Jeff in the church office.

The top items that surfaced from our MAP meetings are:

In **Adult Faith Formation** - to engage our minds and bodies

- Taichi
- Meditation

In **Reshaping Parish Culture** - to engage young and old alike

- Bible journaling
- Programs to reducing feelings of isolation in seniors

In **Fullness of Life in the Neighbourhood** - to better steward our environment

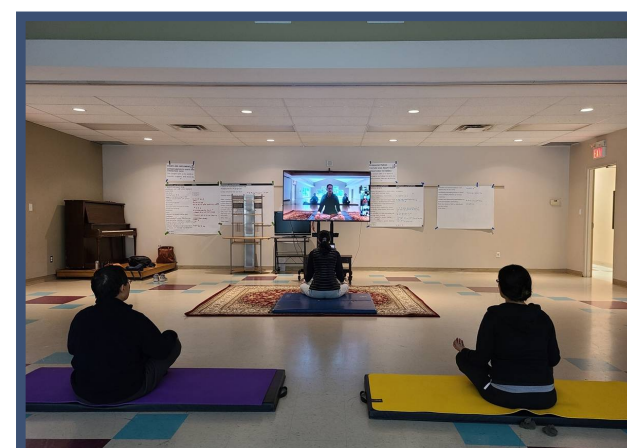
- Start an e-waste recycling program
- Deepen our relationship with Halton Environmental and its partners

From here forward we will begin reporting on the progress of these and other activities. Our biggest need is for more of you to help by providing your ideas and assistance.

These activities provide really meaningful ways for us to build a community and transform lives for all people we come in contact with. Your ideas matter. So, contact one of the MAP team or Jeff or the church office. You won't regret it.

Milestone for St Cuthberts Hybrid Senior Program and Jiahemay Senior Association

Every Wednesday morning, two teachers provided one singing class and one dance class. There are an average 30 online attendees for each class. After four months of weekly online promotion, we now have a new teacher who teaches Wellbeing Yoga in person and this is the first day that two students joined in person at our parish hall to attend the first Wellbeing Yoga class.





CHRISTMAS TREE UNLOADING

November 25, 7 p.m.



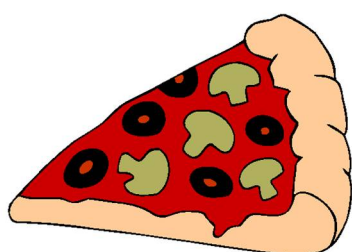
It is now less than 20 days before we start selling Christmas trees. On Saturday November 5 the Christmas tree stands were put up by volunteers from the church. Driving the metal posts into the ground is physically demanding because it involves repeatedly raising the 25lb post driver above your head to ram in the post. Most of the hard work was done by the teenagers, Nick, Andrew, Shaun, Kai, Devon and Aylissa, supervised by Ali. Dave MacKay supervised the whole enterprise. Dave Aylward, Howard and Malcolm wired up the posts and strung up the ropes and the whole job was completed by lunchtime.



The next **BIG** job is unloading the **700** trees on November 25, especially this year when we have some 12 and 13 ft trees, the biggest trees we have ever had. To give the volunteers energy there will be pizza and pop starting at 6:30.



Tree Sales and the Bake Sale start on November 26. This year trees will not be sold on weekday afternoons, but the evening sales will start early at 5 p.m.



CHRISTMAS TREE UNLOADING

November 25, 7 p.m.

Pizza and pop starting at 6:30 p.m.

