



St Cuthbert's Anglican Church

Venerable Jeff Ward: rector.stcuthbert@gmail.com  
905-617-9717

e-Messenger  
March 2024



### Sunday Services

- 8.00 a.m. Traditional Anglican Service (BCP)
- 10.00 a.m. Contemporary Eucharist with Choir
- 10.00 a.m. Bilingual Service (Mandarin/English) in the Parish Hall

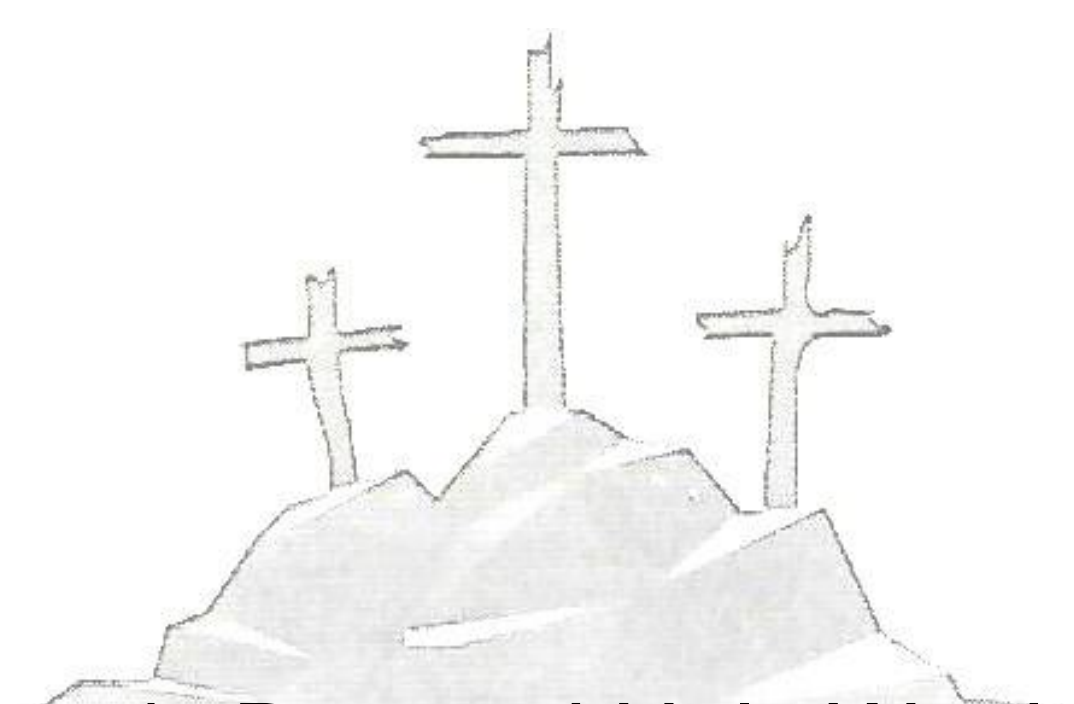
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### LENT AND Easter Services see below

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### Friday Service

- 9:00 a.m. Morning Prayer on Zoom (followed by coffee)



# St Cuthbert's Day and Holy Week Services

## March 17 - St Cuthbert's Day

- 8 a.m. (BCP)
- 10 a.m. Contemporary Service with choir
- 10 a.m. Bilingual (English-Mandarin)

## March 24 - Palm Sunday

- 8 a.m. (BCP)
- 10 a.m. Combined English/Bilingual

## March 28 - Maundy Thursday

- 7 p.m. Fully Combined Service

## March 29 - Good Friday

- 10 a.m. Fully Combined Service
- 3 p.m. Stations of the Cross

## March 31 - Easter Sunday

- 8 a.m. (BCP)
- 10 a.m. Combined English/Bilingual

# St Cuthbert and King Oswald

by Malcolm Little

We celebrate St Cuthbert on March 17 this year, the closest Sunday to his actual day which is March 20. This stained glass window is in Christ Church Cathedral, Dublin, Ireland. It depicts Cuthbert as a bishop holding the Head of the Christian Anglo-Saxon King Oswald. Cuthbert is often portrayed in this way even though he had never met King Oswald. Oswald was the Christian King of Northumbria (now northern England) and was killed and decapitated in battle with the pagan King Penda of Mercia in 642. He is said to have died with a prayer on his lips. Oswald is associated with St Aidan and is said to have acted as interpreter for Aidan as he spoke the Celtic dialects used in Britain, Ireland and Scotland and Anglo-Saxon, a Germanic language. The reason for the association of St Cuthbert and King Oswald is that the head of King Oswald was recovered and buried on Lindisfarne, which as King he had given to St Aidan and his fellow Celtic monks in 635. St. Cuthbert was also buried there in 687. They were both hurriedly moved from Lindisfarne to the mainland in 875 because of attacks by marauding pagan Vikings.



The head of King Oswald was placed in the coffin with Cuthbert's remains, perhaps for safe keeping. Note the halo around the head of the King is because he was considered by the Anglo-Saxons as a Christian saint and martyr.

A question often asked is why a Cathedral in the capital of the Republic of Ireland has a stained glass window dedicated to a British saint. It seems that despite political differences, the Anglican Cathedral wanted to show the common Christian heritage of Britain and Ireland. Cuthbert shows this unity, in that as an Anglo-Saxon he personally followed the British Celtic tradition and after the Synod of Whitby accepted the Catholic authority of the Pope.

Likewise King Oswald who was an Anglo-Saxon British King was educated and converted by the Celtic Irish monks from Iona.

## Palm Sunday - March 24 - The Donkey

By G. K. Chesterton

When fishes flew and forests walked  
And figs grew upon thorn,  
Some moment when the moon was blood  
Then surely I was born.

With monstrous head and sickening cry  
And ears like errant wings,  
The devil's walking parody  
On all four-footed things.

The tattered outlaw of the earth,  
Of ancient crooked will;  
Starve, scourge, deride me: I am dumb,  
I keep my secret still.

Fools! For I also had my hour;  
One far fierce hour and sweet:  
There was a shout about my ears,  
And palms before my feet.



*From The Collected Poems of G. K. Chesterton (Dodd Mead & Company, 1927)*

# Armenian Easter Egg Tradition



Our friends from St Vartan's Armenian Apostolic Church will be celebrating Easter on the same day as us and their service will follow ours in the afternoon.

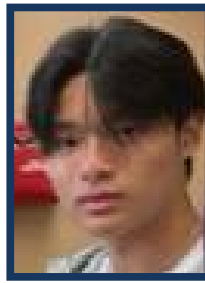
Armenian Christians have a tradition of making red Easter eggs. The eggs are boiled and dyed using onion juice and then decorated, or in the photo left decorated with a cross.

The red colour symbolizes the blood of Christ, the hard shell the sealed tomb and the egg itself, the miracle of new life.

# St Cuthbert's Youth News

## Lunar New Year Social - *Anna Tavakoli*

The kids/youth social for the Chinese New Year went really well. The jeopardy consisted of two teams answering questions about the stories in the bible and some Chinese New Year traditions. At the end, both teams won prizes (chocolate and candy). I received great feedback from the children, they enjoyed the game and were enthusiastic in participating to answer questions. The youth helped the kids out in answering the questions.



*Goleo*

## Youth Leadership Training Program

Goleo is training for youth leadership and is now in his 4th year in the Diocesan YLTP program. During March break he will be returning to the training program for his final year and will be presenting his Youth Tutoring Project. The aim of the project is to nourish youth both academically and spiritually - see poster below. The program is absolutely free and spaces are available for those interested.

## Upcoming Events

# *Easter Egg Hunt*



*Following the Service  
on Easter Sunday*

ST. CUTHBERT ANGLICAN CHURCH

## YOUTH-LED SUNDAY SCHOOL/ TUTORING PROGRAM

A program to help students ages 6-12 in need of academic and spiritual support

Sundays | 10 AM to 12 PM

Join Us in Nurturing Young Minds and Building Stronger Communities!

## NEW YOUTH-LED SUNDAY SCHOOL/ TUTORING

We are excited to announce a new Sunday School Program for children ages 6-12, where they can be nourished both spiritually and academically.

## BUILDING STRONGER COMMUNITIES

Our new program consists of a youth-led tutoring program in the following subjects: English, Math, and Science at no cost. We have carefully selected the best youth tutors who are not only excellent academically but also capable and enthusiastic in working with children. This new program starts at regular time (10 am) on Sundays and lasts around 2 hours. To sign up and know more about the program, please get in touch with Anna, our children and youth leader, directly at [youth.stcuthbert@gmail.com](mailto:youth.stcuthbert@gmail.com).

St. Cuthbert's Church | [www.stcuthbertoakville.ca](http://www.stcuthbertoakville.ca)

## Lunar New Year Celebration - Florence Xie

While St. Cuthbert's parish was busily preparing for 2024 Vestry, our Chinese community went through a hectic Lunar New Year celebration. Actually the whole community got together after our February 11 morning service in the parish hall, had a wonderful potluck luncheon in a festive ambiance, and watched a marvellous performance put together by professional musicians, youth volunteers, and community partners.



*A Wonderful potluck Luncheon*

All participants enjoyed a very happy and warm afternoon, and our parishioner Wendy was even reminded of a Women's Club event more than fifty to sixty years ago.



*The performers*

***We look forward to a closer knit and mutually loved community.*** - Florence Xie



## Shrove Tuesday Pancake Dinner - Malcolm Little

Only two days after feasting on the Chinese banquet the parish set to work on the traditional Shrove Tuesday Pancake dinner of pancakes, sausages, beans, maple syrup, fruit toppings, butter and cream. Our only excuse is that we were preparing for the Lent fast!



*Some satisfied customers*



*Superb pancakes cooked by Kurt, Bruce and Forrest with batter expertly mixed by Adedayo*

As is the St Cuthbert's tradition the meal was mainly cooked by the men of the parish, with some help from the women. Heather and Dawn provided the fruit toppings and Sunny made us a gorgeous pineapple and cream cake that disappeared as soon as it was put out.

Dave MacKay was the kitchen Captain. Adedayo was the chief batter mixer. Kurt, Bruce and Forrest cooked the pancakes on the griddles. It seems to have become a tradition for Forrest to fly all the way from China to cook our pancakes! Rick was an organizer and also cooked sausages with help from Dawn and Malcolm.

Devon made sure the serving counter was always stocked with food. John Venner, Dave Aylward and Che served at the counter. Dick and Eleanor made the tea and coffee and Dave and Sue took money. Once again to the delight of the adults, the little Beavers cleared the tables, and much to the surprise of parents, the teenagers washed the dishes!



*Work in the kitchen*

It was a great St Cuthbert's family event that involved all ages and people and was enjoyed by all - workers and guests.

## Health Outreach - Mission to Guatemala 2024

by Dr. Dan Lee



Several St Cuthbert's parishioners donate to the Health Outreach Mission. Dr. Dan Lee has been part of this mission to Guatemala for 12 years and this year was assisted by Parisa. Dr. Dan writes:



*The 2024 Team*

*Over 6 long working days, we treated 610 children. With one 14 year old girl I worked on 18 adult teeth in one sitting. Her treatment was completed, and her first ever dental visit, will truly be life-changing. I repaired 8 of her front teeth, restored her smile and alleviated anterior crowding.*

*I performed some difficult surgery to remove some heavily infected and painful 1st molars. Her newly restored and repaired 2nd molars will move forward, and her 3rd molars will also become useful chewing teeth in the future.*



*Even after 12 dental missions, I am still touched by the gratitude of these children who have never experienced any dental care, or much medical attention. They are grateful that foreigners come to give them some attention.*

*A beautiful country, God's beautiful creations, our beautiful brothers and sisters.*

*Dr. Dan Lee*

## Men's Lunch

The Men's Lunch in February was held at the Pump and Patio Pub on Upper Middle Road. It was attended by 12 adults and our youngest member Andrew, Fr. Garfield's youngest son (seated at the head of the table in the photo).

The next Men's Lunch is to be announced due to Good Friday. Dick will be advising us of the date and location of the March lunch, when he sends his usual email invite.

If you would like to join us and have not been before please contact: Dick Alcock 905 337 0121.



### WELLNESS HUB

Every Saturday - 2 P.M.  
at the Church

We look forward to seeing you soon!

## ST. CUTHBERT'S LABYRINTH WALK

Next Labyrinth Walk - Friday March 1st at 7 P.M.

A labyrinth is used for walking meditation. It is a single winding path from the outer edge in a circuitous way to the center. Labyrinths are used world-wide as a way to quiet the mind, calm anxieties, recover balance in life, enhance creativity and encourage meditation, insight, self-reflection and stress reduction. As a means of meditation, it provides a quiet and stress-free means of connecting with God in prayer as we walk.

Please join the Ven. Jeff Ward every month for this beautiful and peaceful means of renewal and growing in faith!

St. Cuthbert's Church  
1541 Oakhill Drive, Oakville 905 844 6200  
[www.stcuthbertoakville.ca](http://www.stcuthbertoakville.ca)



# SUGGESTED WINTER READING

by Booksy

All books reviewed are in our Library and free to borrow.

## FICTION

### ***Appleseed Creek Mystery trilogy***

by Amanda Flower.

Cozy mystery fans will be interested in a series which takes place in Amish Country. A young "Englischer" arrives in Appleseed Creek, Ohio to start employment at the local college. Her car is borrowed, but subsequently becomes involved in a fatal collision with a horse-drawn buggy. Was it a simple accident or was it murder? And was she the intended victim? The trilogy starts with ***A Plain Death*** followed by ***A Plain Scandal*** and ends with ***A Plain Disappearance***.

### ***The Faith Morgan Mysteries***

by Martha Ockley.

Martha Ockley has written a faith-based mystery series about a former policewoman, now a newly ordained Anglican vicar in England whose 900-year-old Saxon church is involved in a murder investigation when her predecessor meets an early demise. Old habits die hard as she tries to restrain herself from solving the mystery.

The Faith Morgan Mysteries start with ***The Reluctant Detective***, followed by ***The Advent of Murder*** and ending with ***A Sainly Killing***.

## BIOGRAPHY

### ***And then there were Nuns: adventures in a cloistered life***

by Jane Christmas.

This is the true story of Jane Christmas, a journalist who, since her teens, had ignored the little voice urging her to consider a monastic life. After three children, two failed marriages and in her late fifties, she embarked on her spiritual quest, spending over a year staying at one convent in her native Toronto and three in the UK. Her memoir provides candid insights, humorous social faux pas, irreverent outbursts, and buried personal demons in a seldom seen look inside modern cloistered life.



## BIOGRAPHY

### ***Lucky Man and Always Looking Up: the adventures of an incurable optimist***

by Michael J. Fox.

Well known for his role in the Back to the Future movie trilogy, Fox stunned the world with the revelation he had been diagnosed with early-onset Parkinson's disease at the age of 29. His first memoir, ***Lucky Man***, recounts his life from his childhood in Edmonton, Alberta to his meteoric rise in film and television, culminating with the disclosure of his illness.

His second memoir, ***Always Looking Up***, covers the next ten years looking at his work, politics, faith, and family. Together, these memoirs chronicle his journey of self-discovery and reinvention to discover how to become happier by recognizing the gifts of everyday life.

## Picture Books

### ***Rain Boy***

by Dylan Glynn.

**(Ages 3-5)**

Wherever he goes, Rain Boy brings wet - which means he's not very popular. Sun Kidd brings sunshine everywhere she goes, so everyone loves her. Only Sun Kidd sees what's special about Rain Boy, but will the other kids ever love Rain Boy for being himself, and, more importantly, can Rain Boy learn to love himself? This is a universal story of reaching out to those who look different, making new friends, and learning to love yourself. Author and illustrator Dylan Glynn lives in Toronto but studied animation at Sheridan College, Oakville

# Upcoming Events

## Candlelight & Prayer with Songs of Taizé

*In the stillness  
of a candlelit hour,  
come and pray with us  
and sing the songs and  
chants of Taizé.*

Friday, March 15, 2024  
at 7:30 p. m.

All Are Welcome!

St. Aidan's Church  
318 Queen Mary Drive  
Oakville, ON L6K3L6  
Phone: 905 845-6111



## World Day of Prayer 2024 Journée mondiale de la prière

**"I beg you...  
bear with one  
another in love"**

**Ephesians 4:1-3**  
Artwork by Halima Aziz

**« Je vous en prie,  
supportez-vous les  
uns les autres avec  
amour »**

**Éphésiens 4, 1-3**  
œuvre par Halima Aziz



Ecumenical Worship Service Information/Renseignements sur la célébration œcuménique

**FRIDAY MARCH 1<sup>st</sup> NEW TIME OF 5:00 P.M.**

Day, Time/la date, l'heure

**SAINT DOMINIC PARISH  
2415 REBECCA ST, OAKVILLE**

Location/l'endroit

**PLEASE NOTE THE NEW TIME OF THE SERVICE  
5:00 P.M.**

Additional Information/informations supplémentaires

Service written by the World Day of Prayer Committee of Palestine, prepared and adapted for use in Canada by the Women's Inter-Church Council of Canada  
Service rédigé par la Comité JWP de la Palestine, préparé et adapté pour le Canada par le Conseil inter-Églises des femmes du Canada



## St. Cuthbert's

### Earth Day Clean Up of Dunvegan Park

20 April, 2024  
9 - 11:30 am

Join us at Dunvegan Park (2111 Dunvegan Ave) and Ardleigh Park (Maple Grove) as St. Cuthbert's is hosting a community clean up. Everything needed is provided.

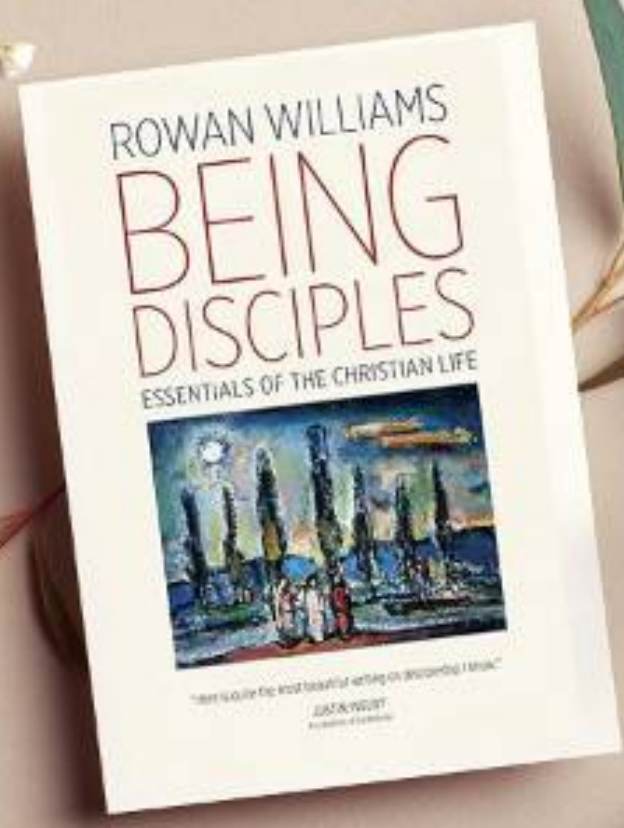
Rain or Shine

Sponsored by the Town of Oakville's Parks and Open Space Dept. and 50+ local businesses and community groups.  
View the full list of sponsors and Clean Up sites on our website.  
View the full list of at [oakvillepeacecentre.org](http://oakvillepeacecentre.org)



## LENTEN BOOK STUDY

ROWAN WILLIAMS  
**BEING DISCIPLES**  
ESSENTIALS OF THE CHRISTIAN LIFE

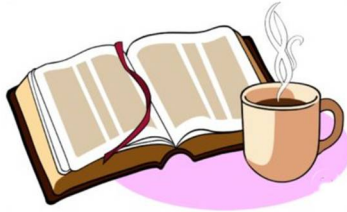


"There is quite the most beautiful writing on discipleship I know."  
JACK NEWBY  
Archbishop of Canterbury

**"Being Disciples" Lenten Book Study  
Wednesdays in Lent at 7pm via Zoom  
(Feb 21, 28; Mar. 6, 13, 20, 26)**

# Upcoming Events

## Bible Study



Tuesday 7:15 p.m. on Zoom

Wednesday 10 a.m. Conference Room

## Friday Morning Prayer Lunch

By popular demand the Friday Morning Prayer on March 8th will be followed by lunch at 12 noon at the Machu Picchu (50's Diner) restaurant on Speers and 4th Line. All welcome - anyone wishing to attend please contact Malcolm Little. (mlittle5@cogeco.ca)

### HALTON GARDEN WEEK

**FEBRUARY 28 TO MARCH 2, 2024**

This year's event will include:

- + Educational Webinars
- + Sustainable Gardening tips & tricks
- + A Seedy Saturday Event

Halton Garden Week is generously supported by

**Visit our Seedy Saturday on March 2nd!**

**10AM to 3PM**  
**Milton Sports Centre**  
**805 Santa Maria Blvd**

GRANDMOTHER'S VOICE & HMC CONNECTIONS PRESENTS

## INTERNATIONAL WOMEN'S DAY

# HONOURING THE MATRIARCH

MARCH 8TH | 6PM TO 10PM  
COUNTRY HERITAGE PARK, CAMBREL BARN  
MILTON, ON

**WE INVITE ALL PEOPLE FROM THE 4 DIRECTIONS TO CELEBRATE AND HONOUR THE REMARKABLE WOMEN OF ALL CULTURES.**

We will commemorate this special evening by dressing in our favorite Regalia or Traditional attire. Mocktails and hors d'oeuvres served as we mix and mingle towards inspiring inclusion beyond International Women's Day 2024.

[BUY TICKETS >](#)

In relationship with

## Anglican Christianity: A Series

As most parishioners know, Rev. Canon Dr. Alan Hayes has been temporarily appointed Priest in Charge at Hornby. His series about Anglican Christianity will continue in the coming months, time permitting.

