



### Sunday Services

8.0 a.m. Traditional Anglican Service (BCP)  
10.0 a.m. Contemporary Eucharist with Choir  
11:30 a.m. Bi-lingual Mandarin/English Service

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### Friday Service

9:0 A.M. Morning Prayer on Zoom  
(followed by coffee)

Masks are optional at services

## Who's Who - Ann and Brian Grose

Members of the church will know Ann and Brian who have been active members of StCuthberts since 1977. Those members of the congregation who have joined during recent years will know Ann as the voice who reads the lessons at the 10 am streamed service.

Ann and Brian both grew up in North London, England. Ann attended a Church of England elementary school and then Holy Family Convent College and attributes these schools to influencing her spiritual development. Ann and Brian were part of the same social group and during a trip to Paris, "the City of Love", it worked its magic. Brian already had a job in Winnipeg Canada and Ann decided to join him in Canada. They were married in Winnipeg the following year and this year was their 58th Wedding Anniversary. They have two children Pete and Helen, and a grandchild Samantha. Brian worked for the Hudson's Bay Company and when they moved the head office from Winnipeg to Toronto, Ann, Brian and family moved to Oakville. Ann says she remembers how friendly and welcoming St Cuthbert's was when they arrived and they decided to make it their church home and have been with us ever since.



*Ann and Brian - "St Cuthberts is our Spiritual home and extended family!"*

Ann is an accomplished pianist and played keyboard in the 1990s for the St Cuthbert's "Joyful Sound" contemporary music group. She has also played for services and the Sunday school. She is a reader, chalice bearer and reads the intercessions. Brian was also a reader, warden, treasurer and a member of the Finance Committee. Brian also sang in the men's choir at the 8a.m.service. He was also involved in Finance and Administration at a Diocesan level. Unfortunately Brian now suffers from dementia and so cannot take part in Church life. Both Brian and Ann have been awarded the Order of Niagara.

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## Ann and Brian Grose

Ann and Brian were very much involved in the Cursillo movement in Niagara almost from the outset in 1983, and Ann became their Lay Director. Ann writes :

*My faith has always meant a lot to me - going to church, being involved in activities with other members of the church. Church was an extension of my family from which I derived strength, support and enjoyment. However, for a long time my beliefs were more in my head than my heart. Then I went on a 3 day residential Cursillo weekend. It involves talks given by lay people and clergy on the simple teachings of the Gospels, which were then discussed in table groups. Nothing extraordinary ! Except for one aspect... the love and care shown by the leaders exemplifying the love that God, through Christ has for each of us. It was very powerful and for me it brought my faith from my head to my heart.*

*For the first time in my life I suddenly understood what "loving one's neighbour" meant! It has nothing to do with whether a person was "lovable" or not, which had been my problem - how does one love the unlovable. It was seeing people as children of God and how valuable and worthy they are in His eyes. It is all about compassion, forgiveness and non-judgement which is how God loves each of us. I remember going grocery shopping the very next day I returned from the Weekend and how the people in the store looked totally different to me - I saw them all as God's children! It was a revelation for me, and changed me and my faith from that time on. Since that time my faith Journey has been more meaningful and important to me. I have been involved more out of a love for God and the church, than for any feeling that "It is the right thing to do!" I thank God for the many blessings I have received and the love I feel at St Cuthberts. It is my Spiritual home and extended family!*

Thank you Ann and Brian for being part of our church family and for contributing so much over the years. Thank you for sharing your faith journey with us.



**Ann playing keyboard with Joyful Sound at a summer service June 1997 others in the group from left to right Stewart Bryan, Marvin Cook, Pete Williams, Spence Williams (and Ann)**

## Meet Dylan - Summer Student Intern

Dylan is our summer Office Assistant and is a student at Sheridan College studying Film and Television. He is assisting Lori with office duties and Jeff Bamford with the streamed video. On Friday evenings he assists Nicola and Jane with the Youth Music and Events program. He is in the church office, Monday to Thursday between 9 a.m. and 4:30 p.m. and between 1 p.m. and 9 p.m. on Fridays and says he would welcome anyone to call in and make contact with him. He will be with us until August 23rd.



## Food Ministry



**Eleanor Alcock**

Kerr Street Ministries and Fare Share Food Bank are two sources that those in need in our community can turn to for food. St. Cuthbert's contributes to both, usually on an alternate basis. Both have similar needs and a few suggestions follow:

***Canned fruit, cereal, flour, sugar, canned tomatoes, baked beans etc.***

With the past few years particularly difficult, any and all donations, are especially appreciated.

If you are able to do so, ***please help fill the cart in the narthex.***



# Anglican Christianity: A Series

by  
Professor Alan L. Hayes

## Part I: An Overview

Our noble editor Malcolm Little has asked me to write a series of short(ish) articles on Anglican Christianity. The idea is that one installment will appear in each month's "E-Messenger." Here's the first!

Normally I'll say something about particular people who have influenced Anglican Christianity. But I thought I'd start with an overview.

The word "Anglican" began as the Latin word for "English." In the Middle Ages, "ecclesia anglicana" just meant Christianity in England. As England went global, so did Anglicanism. Today there are 46 national or area entities in the worldwide Anglican Communion. There are also other groupings that identify as Anglican but that aren't recognized by the Anglican Communion.

Although, today, "Anglican Christianity" has many different national identities, the historical English experience has been influential all across the Anglican world.

Here's a list of significant dates.

In **55 BCE** Julius Caesar invaded Britain. The native population, mainly Celtic, apparently didn't write, so our main historical sources begins at this time. Christianity would later find a foothold in Roman Britain.

In the **400s**, Germanic peoples - mainly Angles, Saxons, and Jutes - arrived and began dominating the land, which was now becoming Angle-land or England. But very few if any in this new population were Christian.

In **597** a missionary named Augustine arrived from Rome, and began the systematic conversion of England and the organization of the English church. He became the first archbishop of Canterbury, (Don't let anyone tell you that Anglicanism began with King Henry VIII!) Increasingly, English Christian converts began giving leadership.

In **1066** the duke of Normandy (a territory which is now part of France) became king of England in what we call the Norman Conquest. Most English church leaders were replaced by Norman appointees. But with intermarriage, the English character of Anglican Christianity was modified rather than suppressed.

In **1534** the Church of England repudiated the Pope's authority and became autonomous.

In **1607** the first overseas English settlement was established at Jamestown (Virginia), with an Anglican church. This is the symbolic beginning of Anglicanism's global fortunes. In **1783**, after the American War of Independence, American Anglicans, no longer subservient to anyone in England, established the first independent branch of Anglicanism. This is now called the Episcopal Church in the USA. Today, 41 national Anglican churches are autonomous.

In **1787**, the Church of England added its first overseas bishop. That was Charles Inglis, bishop of Nova Scotia. In the following decades, England appointed dozens of bishops in its overseas colonies and former colonies.

In **1867**, all the world's Anglican bishops were invited to a meeting at the London residence of the archbishop of Canterbury, which is called Lambeth Palace. This was the first "Lambeth Conference," which is held roughly every ten years. This represents the origin of the Anglican Communion. Next month we'll start at the beginning with the origins of Christianity in the land that we now call England.





## St Cuthbert's Mission Action Plan (MAP) Our journey has resumed.

submitted by David Aylward



Thanks to everyone's active participation - our MAP is a reality and is about to launch.

First, a short introduction - your MAP team consists of David Aylward, Che Marville, Florence Xie and Nicola Zhang.

David has lived in the neighbourhood for nearly 30 years and has been a member of St Cuthbert's for over 20. In that time, he has served on the corporation twice and is now a member of the stewardship committee.

Florence is quite new to our parish. She moved to our neighbourhood in August 2019 and joined us in no time. She is now in our choir, serves on the altar guild and looks forward to more excitement with our MAP groups.

More on Che and Nicola in our next edition.

And now the real fun begins. At our June 26, 2022, parish meeting you all decided on the priorities for the coming year or so and we must now bring them to life.

Candidly speaking the MAP team was pleasantly surprised at the tremendous participation - setting the priorities and in the breadth of new and novel ideas that emerged.

The priorities truly reflect your choices, and it will be enormous fun to see if we can make them work. If they work great, then everyone wins. If some are not as successful, we still win by learning and having tried, but we'll set them aside for a time and move on.

At the MAP meeting on June 26, you indicated your interest in at least 1 of the 3 priority areas.

The 3 priority areas are enormously interesting with lots of opportunity for experimentation and to try new things. One of the main purposes is for the people of St Cuthbert's to provide richer and more rewarding experiences for our community and make our own personal spiritual and religious journeys more satisfying as well.

David, Che, and Florence will act as area advocates and will convene area meetings in the coming weeks to narrow down what we'll work on. David, Che, and Florence will also ensure that we have the resources necessary to undertake the work and assess our progress with you.

Page 5 (next page) in this newsletter shows the result of your voting in the 3 MAP areas. Should you have any questions or ideas don't hesitate reach-out to a member of the MAP team.

Look for notice of the upcoming meetings and thanks for the enthusiastic support so far.

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### Men's Lunch

Watch this space - the Men's Lunch will soon be coming back ! Dick Alcock writes : *I plan to restart the Men's lunches in September. As previously, I will email our group early in the month detailing the time (last Friday of the month) and location for the get together.*

# St Cuthbert's Mission Action Plan (MAP) - Your Priorities

PARISH INITIATIVES		
Adult Faith Formation	Reshaping Parish Culture to Enable Ministry	Fullness of Life in the Neighbourhood
1 Faith Talking and Sharing Group, to tell our faith story, share our growth in faith, God's daily presence in our life, and invite new comers to join the discussion	1 Community Music Program (i.e. instrumental, vocal, drum circle gathering, for all ages)	1 Partner with local schools (i.e. connect with children and youth for community activities and events including Climate Action)
2 Daily Individual Practice: Bible Reading, Bible Journaling, Daily Office, Examen, etc	2 Seniors Programs - reduce isolation and facilitate socialization (i.e. prayer, singing, dance, taichi, yoga)	2 Host an annual e-waste recycling event
3 Taichi	3 Be a multi-cultural and multi-lingual Anglican Church (i.e. develop a welcoming process to engage newcomers)	3 Enhance partnerships with the Halton Environmental Network and other groups (i.e. depave project, rain barrels, community events)
4 Meditation	4 Youth and Young Adult activities (i.e. Bible Journaling, volunteering, event creating, social gatherings)	4 Participate in community clean up efforts

## Outreach News - Kerr Street Mission Dinners

Submitted by Samira Keshavarz shirvan.samira@gmail.com



**Dinners will Re-start  
Monday, October 31, 2022**



Samira

We are going to start preparing 70 meals at KSM on Monday, October 31. So far, we have more than seven volunteers on our team, Malcolm, Dan, Florence, David Aylward, Alan Hayes, and the Mackays family. Other possible volunteers are Dawn and Parisa. I asked KSM to visit the kitchen to get familiar with the environment, and I was told that they will set a date in October. Additionally, I talked to Marsha, the previous St Cuthbert's KSM leader, and she gave me lots of tips and recommendations based on her experience. **One of her tips was that it would be great to have additional volunteers** on our list in case any of the volunteers can't make it. I will share more of my conversation with Marsha later. By the way, I am thinking of our own menu to prepare a nutritious meal in a limited time.



## St Cuthbert's Youth News

### Youth help clear ground for the new Paradise Garden



It was not all work on Saturday, there was some play! As we finished the work so quickly Ali organized the youth into two teams and a soccer match was played on the car park. Amazing what fun you can have with just buckets for goal posts and a ball. A good time was had by all especially Ali who showed some pretty fancy foot work!

On Saturday, July 9th the youth helped to clear all the debris from the old children playground and loaded up a bin in the car park. We had over 20 youth volunteers and so the job was finished in less than half an hour and the bin was fully loaded. We are expecting another bin and a Bobcat machine to come in August to clear the rest of the site so we can start planting the garden.



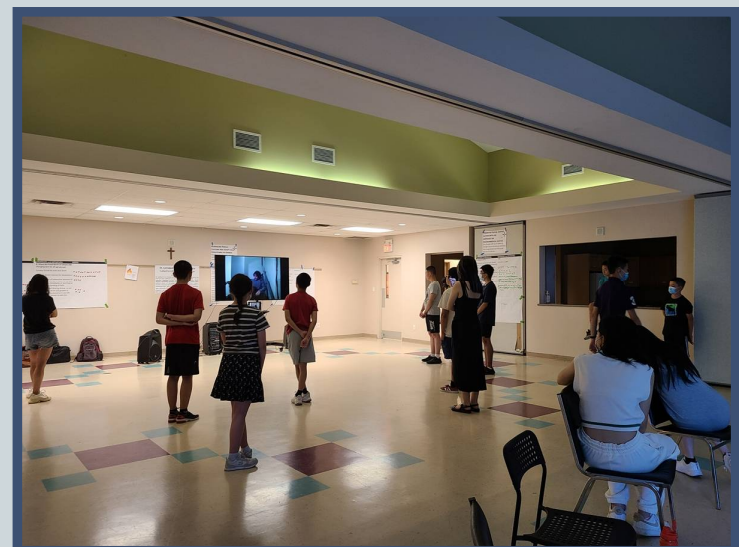
The youth played soccer after working on Saturday

### Youth helped Harvest the Garlic



### Youth Music and Event Players

The Youth Music and Event Players meet every Friday evenings between 7 and 9 p.m. at the Church. This photograph shows the Music Appreciation group watching how a musical theme can be played in different ways.



## Youth Dance Night "LET'S DANCE"

**Saturday August 13, 2022 at the Church 7 p.m.**  
Contact Anna or Nicola for details



## St Cuthbert's Garden



St Cuthbert's Garlic that would probably win prizes !

Thank you Ali for your leadership and hard work in the St Cuthbert's Garden. The garlic is now harvested and our other crops, tomatoes, zucchini, okra and cucumber are now coming on. We have planted swiss chard and kale in the Cross bed.

Ali reports that we harvested about 2500 garlic this year. Our friends from Maple Grove United came and helped us tie up the tomatoes plants on July 14th and 28th.



Ali

Tying up Tomato plants. Volunteers from Maple Grove United came to help.



**Sowing Hope!**

All proceeds from this garden will be donated to Kerr Street Mission. For more information, please call 905-845-7485.

Kerr Street Mission



**Sowing Hope!**

Kerr Street Mission

HALTON ENVIRONMENTAL NETWORK

Our first Zucchini harvest

Every thing we grow is donated to Kerr Street Mission, Fare Share Food Bank & Salvation Army. We did sell some garlic and the money raised will be used to fund the garden and the rest donated to the food charities. The garlic has been very well received at KSM. The last time we delivered, their customers were helping themselves before we could get it through the door!



Our Tomatoes are coming on

## The Pollinator Garden

The Pollinator Garden looked just as beautiful as ever this year but where are all the bees and butterflies?

The Toronto Star reported that Canadian bee keepers say they have lost half their honey bees this year. Manitoba reported the greatest loss at 57% followed by Alberta at 51%. They did not give figures for Ontario.

